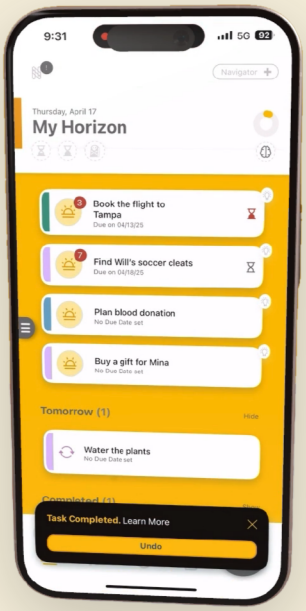
NOPLEX

THE CHAOS MANAGEMENT APP

Finally — an app that works the way your brain does.

Your provider is partnering with NoPlex to give you access to an award-winning app for handling everything that life throws at you.



Meet NoPlex

If you're like many, you have a phone full of productivity apps that didn't quite stick — that's because they weren't built for the way your brain actually works. With NoPlex, you can plan, track tasks, collaborate with loved ones, and manage routines in intuitive, natural ways.

> "I've been looking for something like NoPlex for a long time... Every feature feels completely in sync with what I know my brain needs to manage myself and my tasks."
>
> Mia Levy — USA National Rowing Team

How Your Provider Fits In

NoPlex helps your provider customize your support. After you've used NoPlex for a while, patterns will emerge — like which days tend to be more active or challenging — that will help you build strategies together.

Common questions

Will my provider see my private tasks and routines?
No. Your provider will only see usage, patterns, and what you actively choose to share (e.g. mood, level of overwhelm, etc.).

What makes NoPlex special?
It's unlike anything you've tried. Check out www.noplex.com for a full list of features.

How much does it cost?
NoPlex normally requires a paid subscription, but it's available to you at no cost through your provider's partnership.

Ready to tackle the chaos?

www.noplex.com

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